

Menu for the Month Of September, 2026

from the UNMCC Kitchen

****Featuring Jesus, Jack and Perla****

MEALS		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
BREAKFAST			1	Oatmeal Strawberries	2	English Muffin Apple Sauce	3	Cheerios Blueberries	4	Bran Flakes Mangos
LUNCH				Milk Fish Rectangles Green Beans Pineapple Tri-Colored Pasta		Milk Beefy Mac Mixed Veggies Peaches		Milk Chicken Fajitas Bell Peppers Strawberries WW Tortilla		Milk Cheese Pizza Bell Peppers Bananas
VEGETARIAN				Lentils		Veggie Mac		Black Bean Fajitas		Cheese Pizza
P.M. SNACK				Crackers Grapes		Milk Animal Crackers		Broccoli Hummus		WW Crackers Pineapple
BREAKFAST	7		8	French Toast Blueberries	9	Yogurt w/Granola Mixed Berries	10	Rice Chex Peaches	11	Cheerios Peaches
LUNCH		UNM Children's Campus Closed for Labor Day		Milk Hamburger Sweet Potatoes Mixed Fruit WG Slider		Milk WW Quesadilla Bell Pepper Peaches		Milk Chicken Strawberries Orange / Apricot Dinner Roll		Milk Meat Sauce Bell Peppers Mixed Fruit WW Spaghetti
VEGETARIAN				Veggie Burger		WW Quesadilla		Tofu		Black Bean Spaghetti Sauce
P.M. SNACK				Pita Chips Bean Dip		Green Apples Teddy Grahams		Cheese Sticks Grapes		Milk Bananas
BREAKFAST	14	Bagels w/Cream Cheese Strawberries	15	Cheerios Bananas	16	Pancakes Mixed Berries	17	Oatmeal Blueberries	18	Rice Chex Strawberries
LUNCH		Milk Chile Beans w/Cheese Diced Carrots Pears Tortillas		Milk Green Chile Chicken Enchiladas Squash Peaches Spanish Rice		Milk Grilled Cheese Broccoli Pineapple Tomato Soup		Milk BBQ Pork Peas Watermelon Hawaiian Sliders		Milk Cheese Pizza Bell Peppers Bananas
VEGETARIAN		Chile Beans w/Cheese		Bean Enchiladas		Grilled Cheese		BBQ Tofu		Cheese Pizza
P.M. SNACK		Apples Wow Butter		Green Apples Teddy Grahams		Cucumbers Hummus		WW Crackers Pineapple		Sun Chips Avocado
BREAKFAST	21	Bran Flakes Bananas	22	Biscuit Mangos	23	Rice Chex Fresh Blueberries	24	Yogurt w/Granola Mixed Berries	25	Hash Brown Tortilla
LUNCH		Milk Baked Ziti Green Beans Apricots		Milk Quesadillas Bell Pepper Peaches		Milk Chicken Green Beans Apple Dinner Roll		Milk Pinto Beans Carrots Pears Brown Rice		Milk Meatloaf Mixed Veggies Pineapple WW Bread
VEGETARIAN		Black bean Veggie Baked Ziti		Quesadillas		Tofu		Pinto Beans		Veggie Meatloaf
P.M. SNACK		Milk Teddy Grahams		Baby Carrots Hummus		WW Crackers Wow Butter		Bread Sticks Marinara		Sun Chips Avocado
BREAKFAST	28	Pancakes Mixed Berries	29	Rice Chex Blueberries	30	Bagels w/Cream Cheese Mangos				
LUNCH		Milk Mac and Cheese Broccoli Mixed Fruit		Milk Lemon Pepper Chicken Squash Green Beans Brown Rice		Milk Chile Beans w/Cheese Diced Carrots Pears Tortillas				
VEGETARIAN		Mac and Cheese		Lemon Pepper Tofu		Chile Beans w/Cheese				
P.M. SNACK		Bananas Teddy Grahams		Yogurt Strawberries		Apples Wow Butter				

Milk is served daily for breakfast

* Infant menu options include: scrambled egg, banana, multi-grain cereals, cottage cheese, yogurt, applesauce*

The menu may change as the availability of fruits, vegetables and other items changes