## Menu for the Month Of September 2025 from the UNMCC Kitchen

## \*\*\*\*Featuring Jesus and Jack\*\*\*\*

MEALS		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
BREAKFAST	1		2	Pancakes	3	WW Toast	4	Cheerios	5	Yogurt w/Granola
				Mixed Berries		Applesauce		Blueberries		Strawberries
		UNM Children's Campus		Milk		Milk		Milk		Milk
LUNCH		Closed for		Chili Beans w/Cheese		Mac & Cheese		Chicken Fajitas		BBQ Pork
		Labor Day		Diced Carrots		Peas		Bell Peppers		Mixed Veggies
		,		Pears		Mixed Fruit		Pineapple		Cantaloupe
				Brown Rice				WW Tortillas		Hawaiian Slider
VEGETARIAN				Chili Beans		Mac & Cheese		Chick Pea Fajitas		BBQ Tofu
P.M. SNACK				Pita Chips		Bananas		Milk		Tri-Colored Pasta
				Avocado		Wow Butter		Cheez-its		Carrots
BREAKFAST	8	Bran Flakes	9	Biscuits	10	French Toast	11	Cheerios	12	Yogurt w/Granola
		Peaches		Mangos		Mixed Berries		Bananas		Strawberries
		Milk		Milk		Milk		Milk		Milk
LUNCH		Grilled Cheese		Lemon Pepper Chicken		Pinto Beans		Chicken Fajitas		BBQ Pork
		Broccoli		Squash		Mixed Veggies		Bell Peppers		Mixed Veggies
		Apricots		Honey Dew		Strawberries		Pineapple		Cantaloupe
		Tomato Soup		Brown Rice		WW Tortilla		WW Tortillas		Hawaiian Slider
VEGETARIAN		Grilled Cheese		Lemon Pepper Veggie Burger		Pinto Beans		Chick Pea Fajitas		BBQ Tofu
P.M. SNACK		Pita Chips		Bananas		Sun Chips		Milk		Tri-Colored Pasta
m. SINACK		Bean Dip		Animal Crackers		Cheddar Cheese Sticks		Cheez-its		Carrots
BREAKFAST	15	Pancakes	16	Oatmeal	17	Yogurt w/Granola	18	Cheerios	19	Hash Browns
BREAKFAST	13	Blueberries	16	Banana	17	Mixed Berries	10	Strawberries	19	Tortilla
					1			Milk		
LUNCH		Milk		Milk		Milk				Milk
		Mac & Cheese		Fish Rectangles		WW Quesadilla		BBQ Chicken		Meat sauce
		Broccoli		Green Beans		Bell Pepper		Mashed Potatoes		Bell Pepper
		Mixed Fruit		Pineapple		Peaches		Mixed Fruit		Watermelon
				Tri-Colored Pasta	-			Dinner Roll	_	WW Spaghetti
VEGETARIAN		Mac & Cheese		Lentil Bean Stew	-	WW Quesadilla		BBQ Tofu	_	Black bean Veggie Meat Sauce
P.M. SNACK		Oranges/Apricots		WW Crackers		Green Apples		Sun Chips		Milk
		Animal Crackers		Grapes	₩	Teddy Grahams	$\perp$	Avocado	_	Banana
BREAKFAST	22	French Toast	23	Rice Chex	24	Yogurt w/Granola	25	Pancakes	26	Oatmeal
		Mixed Berries		Strawberries		Mixed Berries		Fresh Blueberries		Peaches
		Milk		Milk		Milk		Milk		Milk
LUNCH		Chicken Breast		Grilled Cheese		Chili Beans		Beefy Mac		Cheese Pizza
		Sweet Potatoes		Broccoli		Diced Carrots		Green Beans		Banana
		Mixed Fruit		Cantaloupe		Pears		Mixed Fruit		Bell Peppers
		Dinner Roll		Tomato Soup		WW Tortilla				
VEGETARIAN		Pinto Beans		Grilled Cheese	lacksquare	Chili Beans	$\perp$	Veggie Mac		Cheese Pizza
P.M. SNACK		Tri-Colored Pasta		Cucumbers		Green Apples		Sun Chips		WW Crackers
		Carrots		Hummus		Teddy Grahams		Avocado		Wow Butter
BREAKFAST	29	Kolache's	30	Biscuit	Ш					
		Oranges/Apricots		Mangos						
		Milk		Milk						
LUNCH		Baked Ziti		Chicken Alfredo						
		Green Beans		Peas						
		Apricots		Apples						
		,		WW Spaghetti						
VEGETARIAN		Black bean Veggie Baked Ziti	H	Tofu Alfredo	1 1		$\top$			
P.M. SNACK		Milk		Bread Sticks	t					
		Teddy Grahams		Marinara	1					

\*Milk is served daily for breakfast\*

<sup>\*</sup> Infant menu options include: scrambled egg, banana, multi-grain cereals, cottage cheese, yogurt, applesauce\* \*\*The menu may change as the availability of fruits, vegetables and other items changes\*\*