

# Menu for the Month of March 2020

from the UNMCC Kitchen

\*\*\*\*Featuring Carlos, Rosie & Olivia\*\*\*\*

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	2 Rice Chex Oranges Milk	3 Yogurt Strawberries/Granola Milk	4 Oatmeal Mangos Milk	5 WW English Muffin/Canadian Bacon Blueberries Milk	6 Heart to Heart Apples Milk
LUNCH	WW Macaroni & Cheese Broccoli Pineapple	Teriyaki Chicken Breast Green Beans Peaches WW Roll	Green Chile Beef Stew w/Potato Apricots WW Tortilla	Pinto Beans Mixed Vegetables Bananas Spanish Rice	WW Beefy Mac Corn Pears
VEGETARIAN	WW Macaroni & Cheese	Teriyaki Veggie Burger	Lentil Stew	Pinto Beans	Veggie Burger Mac
P.M. SNACK	Bread Sticks Marinara	WW Crackers Cheese	Bean Dip Pita Chips	Wow Butter Animal Crackers	Yogurt Mixed Berries
BREAKFAST	9 Rice Chex Strawberries Milk	10 Yogurt Blueberries/Granola Milk	11 WW English Muffin Apples Milk	12 Malt O Meal Oranges Milk	13 Pancakes Berry Blend Milk
LUNCH	Teriyaki Chicken Breast w/ WW Noodles Peas Pineapple	WW Grilled Cheese Tomato Soup Broccoli Mixed Fruit	Pinto Beans Mixed Vegetables Bananas Spanish Rice	Meat Sauce Broccoli Apricots WW Spaghetti	Chile Beans/Cheese Carrots Apples WW Tortilla
VEGETARIAN	Teriyaki Noodles w/ Tofu	Grilled Cheese	Pinto Beans	Veggie Patty Sauce	Chile Beans/Cheese
P.M. SNACK	Cucumbers Hummus	Teddy Grahams Milk	Tri-Colored Pasta Mangos	Peaches WW Crackers	Cheez-Its Milk
BREAKFAST	16 Cream of Wheat Peaches Milk	17 Hashbrowns WW Tortilla Milk	18 Heart to Heart Pineapple/Pears Milk	19 WW Beef Ziti Corn Apricots	20 UNMCC Closed for Staff Professional Development
LUNCH	Hamburger Patty Tomatoes Oranges WW Bun	Pinto Beans Diced Carrots Strawberries Brown Rice	WW Beef Ziti Corn Apricots	UNMCC Closed for Staff Professional Development	UNMCC Closed for Staff Professional Development
VEGETARIAN	Veggie Burger	Pinto Beans	Cheese Ziti		
P.M. SNACK	Wow Butter Apples	Bread Sticks Marinara	Avocado Pita Chips		
BREAKFAST	23 Cheerios Blueberries Milk	24 Biscuit Mangos Milk	25 Bagels/Cream Cheese Oranges Milk	26 WW Toast/Canadian Bacon Peaches Milk	27 Heart to Heart Strawberries Milk
LUNCH	Pinto Beans/Cheese Mixed Vegetables Pineapple Brown Rice	Meat Sauce Bell Peppers Apricots WW Spaghetti	WW Macaroni & Cheese Peas Strawberries	Chicken Enchiladas Squash Apples	Meat Loaf Green Beans Pears WW Bread
VEGETARIAN	Pinto Beans	Tofu w/Marinara	WW Macaroni & Cheese	Cheese Enchiladas	Veggie Patty
P.M. SNACK	Teddy Grahams Milk	Yogurt Mixed Berries	Bananas Milk	Tri-Colored Pasta Carrot Sticks	Apples Cheese
BREAKFAST	30 Rice Chex Oranges Milk	31 Cheerios Mixed Berries Milk			
LUNCH	Fish Sticks Broccoli Pineapple Tri-Colored Pasta	BBQ Pork Sandwich Corn Mixed Fruit Hawaiian Rolls			
VEGETARIAN	Lentils	Pinto Beans			
P.M. SNACK	Yogurt Strawberries	Hummus WW Crackers			

\*Milk is served daily for breakfast\*

\*\*The menu may change as the availability of fruits and vegetables changes\*\*