

# Menu for the Month Of January 2026

from the UNMCC Kitchen

\*\*\*\*Featuring Jesus, Jack and Perla\*\*\*\*

MEALS		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
BREAKFAST							1		2	
LUNCH								UNM CC Closed for Winter Break		UNM CC Closed for Winter Break
VEGETARIAN										
P.M. SNACK										
BREAKFAST	5	Oatmeal Strawberries	6	Biscuits Mangos	7	French Toast Mixed Berries	8	Cheerios Strawberries	9	Hash browns Tortillas
LUNCH		Milk Grilled Cheese Broccoli Apricots Tomato Soup		Milk BBQ Chicken Mashed Potatoes Mixed Fruit Brown Rice		Milk Chile Beans Diced Carrots Pears WW Tortilla		Milk Meatloaf Mixed Vegetables Oranges/Apricots Dinner Roll		Milk Cheese Pizza Bell Peppers Bananas
VEGETARIAN		Grilled Cheese		BBQ Tofu		Pinto Beans		Veggie Meatloaf		Cheese Pizza
P.M. SNACK		Pita Chips Bean Dip		Bananas Animal Crackers		Grapes Cheddar Cheese Sticks		WW Crackers Pineapple		Apples Wow Butter
BREAKFAST	12	Cream of Wheat Banana	13	Pancakes Blueberries	14	Yogurt w/Granola Peaches	15	Rice Chex Strawberries	16	Bagels w/Cream Cheese Mangos
LUNCH		Milk Hamburger Sweet Potatoes Mixed Fruit WG Slider		Milk Fish Rectangles Green Beans Pineapple Tri-Color Pasta		Milk WW Quesadilla Bell Pepper Peaches		Milk BBQ Pork Peas Pears Hawaiian Sliders		Milk Meat sauce Bell Pepper Watermelon WW Spaghetti
VEGETARIAN		Veggie Burger		Lentil Stew		WW Quesadilla		BBQ Tofu		Black bean Veggie Meat Sauce
P.M. SNACK		Oranges/Apricots Animal Crackers		WW Crackers Grapes		Green Apples Teddy Grahams		Sun Chips Avocado		Milk Banana
BREAKFAST	19		20	French Toast Strawberries	21	Yogurt w/Granola Mixed Berries	22	Kolaches Mango	23	Oatmeal Blueberries
LUNCH		UNM CC Closed for Martin Luther King JR. Day		Milk Grilled Cheese Broccoli Peaches Tomato Soup		Milk Chile Beans Diced Carrots Pears WW Tortilla		Milk Green Chile Stew Diced Carrots Oranges/Apricots WW Tortilla		Milk Cheese Pizza Bell Peppers Banana
VEGETARIAN				Grilled Cheese		Chili Beans		Lentils Stew		Cheese Pizza
P.M. SNACK				Cucumbers Hummus		Green Apples Teddy Grahams		Sun Chips Avocado		WW Crackers Wow Butter
BREAKFAST	26	Pancakes Strawberries	27	Biscuit Mangos	28	Rice Chex Blueberries	29	Yogurt w/Granola Mixed Berries	30	Cream of Wheat Peaches
LUNCH		Milk Baked Ziti Green Beans Apricots		Milk Lemon Pepper Chicken Squash Pears Brown Rice		Milk Quesadillas Bell Pepper Peaches		Milk Green Chile Chicken Enchiladas Squash Apple Sauce		Milk Mac and Cheese Broccoli Mixed Fruit
VEGETARIAN		Black bean Veggie Baked Ziti		Lemon Pepper Veggie Patty		Quesadillas		Green Chile Bean Enchiladas		Mac and Cheese
P.M. SNACK		Milk Teddy Grahams		Bread Sticks Marinara		WW Crackers Wow Butter		Tri-Color Pasta Carrots		Pita Chips Avocado

\*Milk is served daily for breakfast\*

\* Infant menu options include: scrambled egg, banana, multi-grain cereals, cottage cheese, yogurt, applesauce\*

\*\*The menu may change as the availability of fruits, vegetables and other items changes\*\*