

Menu for the Month Of February 2025

from the UNMCC Kitchen

****Featuring Rosie, Flo, Jesus, Jack****

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST					
LUNCH					
VEGETARIAN					
P.M. SNACK					
BREAKFAST	3 Bran Flakes Bananas Milk	4 Waffles Strawberries Milk	5 Bagels w/Cream Cheese Mangos Milk	6 Oatmeal Blueberries Milk	7 Hash Browns WW Tortilla Milk
LUNCH	Meatloaf Mixed Veggies Grapes Dinner Roll	Fish Rectangles Green Beans Pineapple Tri-Colored Pasta	Chicken Alfredo Peas Oranges/Apricot Pasta	Grilled Cheese Broccoli Apricots Tomato Soup	BBQ Pork Peas Peaches WG Hawaiian Slider Roll
VEGETARIAN	Veggie Meat Loaf	Plant Based Fish Fillets	Plant Based Chicken Alfredo	Grilled Cheese	BBQ Tofu
P.M. SNACK	Apples Teddy Grahams	Yogurt Peaches	Milk Animal Crackers	Sun Chips Avocado	Cheddar Cheese Cubes Grapes
BREAKFAST	10 Rice Chex Strawberries Milk	11 Pancakes Mixed Berries Milk	12 Biscuits Mangos Milk	13 Cheerios Bananas Milk	14 Yogurt w/Granola Strawberries Milk
LUNCH	Hamburgers French Fries Oranges/Apricots WG Slider Bun	Chili Beans w/Cheese Diced Carrots Pears WW Tortilla	Mac & Cheese Broccoli Mixed Fruit	Meatsauce Bell Pepper Apricots WW Spaghetti	Chicken Breast Sweet Potatoes Green Apples Brown Rice
VEGETARIAN	Veggie Burger	Chili Beans	Mac & Cheese	Veggie Taco Meat	Mac & Cheese
P.M. SNACK	Milk Teddy Grahams	Pineapple WW Crackers	Apples Wow Butter	Milk Cheez-its	Bread Sticks Marinara
BREAKFAST	17 Rice Chex Peaches Milk	18 English Muffin & Turkey Canadian Bacon Strawberries Milk	19 Kolaches Oranges/Apricot Milk	20 Cream of Wheat Blueberries Milk	21 Cheerios Bananas Milk
LUNCH	Grilled Cheese Broccoli Apricots Tomato Soup	Shepard's Pie Green Beans Apples Dinner Roll	Pinto Beans Diced Carrots Pears WW Tortillas	BBQ Chicken Mixed Veggies Mangos Brown Rice	Cheese Pizza Bell Peppers Pineapple
VEGETARIAN	Grilled Cheese	Veggie Shepard's Pie	Pinto Beans	BBQ Tofu	Cheese Pizza
P.M. SNACK	Pita Chips Bean Dip	WW Crackers Mixed Fruit	Cheese Cubes Grapes	Yogurt Peaches	Milk Animal Crackers
BREAKFAST	24 Bagels w/Cream Cheese Mangos Milk	25 Rice Chex Strawberries Milk	26 Yogurt w/Granola Blueberries Milk	27 Pancakes Mixed Berries Milk	28 Biscuit Mangos Milk
LUNCH	Taco Meat w/ Red Potatoes Avocado Watermelon WW Tortilla	Chicken Breast Mashed Potatoes Mixed Fruit Dinner Roll	WW Quesadilla Bell Pepper Peaches	Pinto Beans Mixed Veggies Pears Spanish Rice	Green Chile Stew Diced Carrots Oranges/Apricots WW Tortilla
VEGETARIAN	Veggie Taco Meat	Plant Based Chicken	WW Quesadilla	WW Quesadilla	Lentil Stew
P.M. SNACK	Cucumbers Hummus	Avocado Pita Chips	Apples Teddy Grahams	Pita Chips Bean Dip	Milk Gold Fish

Milk is served daily for breakfast

* Infant menu options include: scrambled egg, banana, multi-grain cereals, cottage cheese, yogurt, applesauce*

The menu may change as the availability of fruits, vegetables and other items changes