Menu for the Month Of December 2024

from the UNMCC Kitchen

****Featuring Carlos, Rosie, Flo, Jesus, Jack****

MEALS		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
BREAKFAST	2	Rice Chex	3	Biscuit	4	Malt-o-Meal	5	English Muffin	6	Yogurt w/Granola
		Peaches		Mangos		Bananas		Oranges/Apricots		Mixed Berries
		Milk		Milk		Milk		Milk		Milk
LUNCH		Beefy Mac		Pinto Beans		Grilled Cheese		Chicken Stir Fry		Cheese Pizza
		Mixed Veggies		Diced Carrots		Broccoli		Mixed Veggies		Bell Peppers
		Strawberries		Pears		Apricots		Apples		Pineapple
				WW Tortillas				Brown Rice		
VEGETARIAN		Veggie Mac		Pinto Beans		Grilled Cheese		Tofu Stir Fry		Cheese Pizza
P.M. SNACK		Milk		WW Crackers		Avocado		Bread Sticks		Carrots
		Animal Crackers		Mixed Fruit		Pita Chips		Marinara		Hummus
BREAKFAST	9	Cheerios	10	Waffles	11	Bagels w/Cream Cheese	12	Oatmeal	13	Hash Browns
		Bananas		Strawberries		Mangos		Blueberries		WW Tortilla
		Milk		Milk		Milk		Milk		Milk
LUNCH		Meatloaf		Fish Rectangles		Chicken Breast		Grilled Cheese		BBQ Pork
		Mixed Veggies		Green Beans		Sweet Potatoes		Broccoli		Peas
		Grapes		Pineapple		Green Apples		Apricots		Peaches
		Dinner Roll		Tri-Colored Pasta		Dinner Roll		Tomato Soup		Hawaiian Roll
/EGETARIAN	H	Veggie Meat Loaf	11	Plant Based Fish Fillets	11	Plant Based Chicken Chunks		Grilled Cheese	\dashv	BBQ Tofu
P.M. SNACK		Apples		Yogurt	1 1	Milk	H	Pita Chips	+	Cheddar Cheese Cubes
		Wow Butter		Peaches		Animal Crackers		Avocado		Grapes
BREAKFAST	16	Rice Chex	17	French Toast Sticks	18	Biscuits	19	Cream of Wheat	20	Yogurt w/Granola
		Strawberries		Mixed Berries		Mangos		Bananas		Strawberries
		Milk		Milk		Milk		Milk		Milk
LUNCH		Hamburgers		Chili Beans w/Cheese		Teriyaki Chicken		Sloppy Joe		Mac & Cheese
		French Fries		Diced Carrots		Green Beans		Peas		Broccoli
		Oranges/Apricots		Pears		Peaches		Apple Sauce		Mixed Fruit
		WW Bun		WW Tortilla		WW Noodles		WW Bun		WIXCU I TUIL
VEGETARIAN		Veggie Burger		Chili Beans		Tofu Teriyaki		Veggie Sloppy Joe		Mac & Cheese
P.M. SNACK		Milk	+++	Pineapple		Bread Sticks		Bean dip		Carrots
		Teddy Grahams		WW Crackers		Marinara		Pita Chips		Hummus
BREAKFAST	23	ready Granamo	24	WW Gradicio	25	Mamara	26	r ita Oriipo	27	Hammao
					20		20			
		UNMCC		UNMCC	+	UNMCC		UNMCC	+	UNMCC
LUNCH		Closed for		Closed for		Closed for		Closed for		Closed for
		Winter Break		Winter Break		Winter Break		Winter Break		Winter Break
		WINGI DIEAK		William Dieak		William Dieak		Willest Dieak		WINEI DIEAK
VEGETARIAN					\perp					
P.M. SNACK	$\vdash \vdash$		++		++		\vdash		++	
. M. SNACK										
BREAKFAST	30		31							
	\vdash	UNMCC	++	UNMCC	+		\vdash		+	
LUNCH		Closed for		Closed for						
		Winter Break		Winter Break						
		William Diedk		William Dieak						
VEGETARIAN			+		+					
P.M. SNACK	\vdash		+		++		\vdash		++	
			1 1				1 1		1 1	

Milk is served daily for breakfast

^{*} Infant menu options include: scrambled egg, banana, multi-grain cereals, cottage cheese, yogurt, applesauce*

The menu may change as the availability of fruits, vegetables and other items changes