

Menu for the Month Of November 2024

from the UNMCC Kitchen

****Featuring Carlos, Rosie, Flo, Jesus, Jack****

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST					1 Turkey Can Bacon English Muffin Honey Dew
LUNCH					Milk WW Mac & Cheese Broccoli Mangos
VEGETARIAN					WW Mac & Cheese
P.M. SNACK					Bean Dip Pita Chips
BREAKFAST	4 Rice Chex Peaches	5 Biscuit Mangos	6 Malt-o-Meal Bananas	7 English Muffin Oranges/Apricots	8 Yogurt w/Granola Mixed Berries
LUNCH	Milk Chicken Stir Fry Mixed Veggies Apples Brown Rice	Milk WW Baked Ziti Green Beans Pears	Green Chile Chicken Enchiladas Squash Apple Sauce	Milk Pinto Beans Diced Carrots Pears WW Tortillas	Milk Cheese Pizza Bell Peppers Pineapple
VEGETARIAN	Tofu Stir Fry	WW Veggie Baked Ziti	Plant Based Chicken Enchiladas	Pinto Beans	Cheese Pizza
P.M. SNACK	Bread Sticks Marinara	Avocado Corn Chips	Milk Animal Crackers	WW Crackers Mixed Fruit	Carrots Hummus
BREAKFAST	11 Cheerios Bananas	12 Waffles Strawberries	13 Bagels w/Cream Cheese Mangos	14 Oatmeal Blueberries	15 Hash Browns WW Tortilla
LUNCH	Milk Meatloaf Mixed Veggies Grapes Dinner Roll	Milk Fish Rectangles Green Beans Pineapple Tri-Colored Pasta	Chicken Breast Sweet Potatoes Green Apples Dinner Roll	Milk Grilled Cheese Broccoli Apricots Tomato Soup	Milk BBQ Pork Peas Peaches Hawaiian Roll
VEGETARIAN	Veggie Meat Loaf	Plant Based Fish Fillets	Plant Based Chicken Chunks	Grilled Cheese	BBQ Tofu
P.M. SNACK	Apples Wow Butter	Yogurt Peaches	Milk Animal Crackers	Pita Chips Avocado	Cheddar Cheese Cubes Grapes
BREAKFAST	18 Rice Chex Strawberries	19 French Toast Sticks Mixed Berries	20 Biscuits Mangos	21 Malt-o-Meal Bananas	22 Yogurt w/Granola Strawberries
LUNCH	Milk Hamburgers French Fries Oranges/Apricots WW Bun	Milk Chili Beans w/Cheese Diced Carrots Pears WW Tortilla	Milk Teriyaki Chicken Green Beans Peaches WW Noodles	Milk Sloppy Joe Peas Apple Sauce WW Bun	Milk Mac & Cheese Broccoli Mixed Fruit
VEGETARIAN	Veggie Burger	Chili Beans	Tofu Teriyaki	Veggie Sloppy Joe	Mac & Cheese
P.M. SNACK	Milk Teddy Grahams	Pineapple WW Crackers	Bread Sticks Marinara	Bean Dip Corn Chips	Carrots Hummus
BREAKFAST	25 Pancakes Mixed Berries	26 Cheerios Strawberries	27 Kolaches Oranges/Apricots	28	29
LUNCH	Milk Chicken Fajitas Squash Apple Sauce WW Tortilla	Milk Shepard's Pie Green Beans Pears Dinner Roll	Milk Cheese Pizza Bell Peppers Mangos	UNM Children's Campus Closed For Thanksgiving Break	UNM Children's Campus Closed For Thanksgiving Break
VEGETARIAN	Plant Based Chicken Fajitas	Veggie Shepard's Pie	Cheese Pizza		
P.M. SNACK	Milk Bananas	WW Crackers Grapes	Tri-Colored Pasta Carrots		

Milk is served daily for breakfast

* Infant menu options include: scrambled egg, banana, multi-grain cereals, cottage cheese, yogurt, applesauce*

The menu may change as the availability of fruits, vegetables and other items changes