

Menu for the Month of September 2017

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST					1 Hashbrowns WW Tortilla
LUNCH					Milk Beefy Mac Peas Bananas
VEGETARIAN					Veggie Burger Mac
P. M. SNACK					Wow Butter Apples
BREAKFAST		5 Egg, Hashbrown, Cheese Tortilla and Pears	6 Ham, Cheese, Egg Tortilla and Cantaloupe	7 Sausage/Biscuit Pineapple	8 Honey Bunches of Oats Oranges
LUNCH	UNMCC Closed for Labor Day	Milk Ground Beef, Tomato Sauce Carrots Meion WW Bun	Milk Chicken Fajitas Pinto Beans Peaches WW Tortilla	Milk Macaroni & Cheese Potato Fries Mixed Fruit	Milk Meatballs w/Gravy Tossed Salad Apples Croutons
P. M. SNACK		Peaches Milk	Oranges Milk	Yogurt Animal Crackers	Carrot Sticks Milk
BREAKFAST	11 Bagei Apples	12 Scrambled Egg/Bread Pineapple	13 Yogurt/Graham Crackers Oranges	14 Cream of Wheat/Toast Fruit	15 Biscuit, Gravy Apricots
LUNCH	Milk Cheese Pizza Tossed Salad Fresh Fruit Crouton	Milk Meat Sauce Carrots Pears Spaghetti/Garlic Bread	Milk Breaded Chicken Celery Apples WW Roll	Milk Chile Beans Corn Fresh Fruit Corn Chips, WW Tortilla	Milk Beef Enchilada Pinto Beans Apples
P. M. SNACK	Chex Mix Milk	Banana Milk	Yogurt Crackers	Applesauce Milk	Crackers Oranges
BREAKFAST	18 Blueberry Grain Cereal String Cheese, Apples	19 Breakfast Sausage Pizza Applesauce	20 Waffle Fruit	21 Cheese Omelet, Toast Pears	22 Oatmeal, Toast Peaches
LUNCH	Milk Breaded Chicken Tossed Salad Mixed Fruit Steamed Rice	Milk Beef Taco Pinto Beans Cantaloupe	Milk Breaded Fish Carrots Apple Slices WW Roll	Milk Meatloaf w/Gravy Mixed Vegetables Honeydew Breadstick	Milk Bean & Cheese Burrito Tossed Salad Apples
P. M. SNACK	Applesauce Milk	Goldfish Crackers Milk	Chex Mix Milk	Animal Crackers Yogurt	Carrot Sticks Milk
BREAKFAST	25 Blueberry Muffin Banana	26 Pancake Pears	27 Egg, Hashbrown, Cheese Tortilla and Fruit	28 Cherrios Oranges	29 Egg, Sausage, Cheese Breadstick and Mixed Fruit
LUNCH	Milk Hamburger w/ Cheese Pork and Beans Peaches WW Hamburger Bun	Milk Cheese Pizza Carrots Fresh Fruit	Milk Chicken Alfredo Mixed Vegetables Mandarin Oranges Fettuccini	Milk Country Steak w/Gravy Mashed Potatoes Fresh Fruit WW Roll	Milk Breaded Chicken Tossed Salad Oranges Croutons
P. M. SNACK	Oranges Milk	Boiled Egg Milk	Banana Bread Milk	Apples Milk	Slice Cheese Crackers, Milk

Milk is served daily for breakfast

The menu may change as the availability of fruits and vegetables changes