

Menu for the Month of March 2018

from the UNMCC Kitchen

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST				1 Malt O Meal	2 Yogurt
LUNCH				Peaches Milk WW Macaroni & Cheese Broccoli Pineapple	Strawberries/Granola Milk Taco Meat Red Potatoes Oranges WW Tortilla
VEGETARIAN				Macaroni & Cheese	Veggie Burger
P.M. SNACK				Bean Dip Pita Chips	Celery Wow Butter
BREAKFAST	5 Canadian Bacon/WW English Muffin Applesauce Milk	6 Bagel/Cream Cheese Peaches Milk	7 Rice Chex Blueberries Milk	8 Oatmeal Oranges Milk	9 Hashbrowns WW Tortilla Milk
LUNCH	WW Grilled Cheese Tomato Soup Broccoli Bananas	Teriyaki Chicken Breast Green Beans Pineapple WW Roll	WW Beefy Mac Peas Bananas	WW Quesadilla Bell Peppers Apples	Green Chile Beef Stew w/Potato Apricots WW Tortilla
VEGETARIAN	Grilled Cheese	Teriyaki Veggie Burger	Veggie Burger Mac	Quesadilla	Lentils
P.M. SNACK	Wow Butter Animal Crackers	WW Crackers Cheese	Cheez-Its Milk	Tri-Colored Pasta Carrot Sticks	Bread Sticks Marinara
BREAKFAST	12 Pancakes Berry Blend Milk	13 WW English Muffin Apples Milk	14 Yogurt Blueberries/Granola Milk	15	16
LUNCH	BBQ Pork Sandwich Broccoli Bananas WW Roll	Teriyaki Chicken Breast w/ WW Noodles Mixed Vegetables Pineapple	WW Macaroni & Cheese Peas Bananas	UNMCC Closed for Professional Development	UNMCC Closed for Professional Development
VEGETARIAN	Hummus	Teriyaki Noodles w/ Tofu	Macaroni & Cheese		
P.M. SNACK	Fruit Salad WW Crackers	Cucumbers Hummus	Tri-Colored Pasta Mangos		
BREAKFAST	19 Cream of Wheat Peaches Milk	20 WW Tortilla/Canadian Bacon Applesauce Milk	21 Heart to Heart Pineapple/Pears Milk	22 Rice Chex Blueberries Milk	23 WW Toast Apples/Applesauce Milk
LUNCH	Hamburger Patty Tomatoes Oranges WW Bun	Pinto Beans Diced Carrots Strawberries Brown Rice	Green Chile Beef Stew w/Potato Apricots WW Tortilla	Chicken Alfredo Mixed Vegetables Mangos WW Linguine Noodles	Cheese Pizza Bell Peppers Bananas
VEGETARIAN	Veggie Burger	Pinto Beans	Lentils	Veggie Patty w/Alfredo	Cheese Pizza
P.M. SNACK	Wow Butter Apples	Bread Sticks Marinara	Apples Cheese	Animal Crackers Milk	Yogurt Strawberries
BREAKFAST	26 WW Toast/Canadian Bacon Peaches Milk	27 Heart to Heart Strawberries Milk	28 Rice Chex Oranges Milk	29 Biscuit Mangos Milk	30 Cheerios Strawberries Milk
LUNCH	Pinto Beans/Cheese Mixed Vegetables Apples Brown Rice	Chicken Breast Sweet Potatoes Pears WW Bread	BBQ Pork Sandwich Broccoli Apples WW Roll	Meat Sauce Bell Peppers Apricots WW Spaghetti	WW Macaroni & Cheese Peas Pears
VEGETARIAN	Pinto Beans	Lentils	Hummus	Veggie Patty w/Marinara	Macaroni & Cheese
P.M. SNACK	Teddy Grahams Milk	Bananas Milk	Tri-Colored Pasta Carrot Sticks	Pineapple WW Crackers	Yogurt Mixed Berries

Milk is served daily for breakfast

The menu may change as the availability of fruits and vegetables changes