

Menu for the Month Of March 2024

from the UNMCC Kitchen

****Featuring Carlos, Rosie, Flo & Brad****

MEALS		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
BREAKFAST									1	Cheerios Strawberries
LUNCH										Milk Sloppy Joes Green Beans Mangos Dinner Roll
VEGETARIAN										BBQ Tofu
P.M. SNACK										Cheez Its WW Tortilla
BREAKFAST	4	Oatmeal Blueberries	5	English Muffin Oranges/ Apricots	6	Rice Chex Strawberries	7	Waffles Mixed Berries	8	Hash Browns WW Tortilla
LUNCH		Milk Lemon Pepper Chicken Mixed Veggies Mixed Fruit Brown Rice		Milk Mac & Cheese Broccoli Pears		Milk Chicken Fajitas Squash Apple Sauce WW Tortillas		Milk Fish Sticks Pineapple Green Beans Tri-Colored Pasta		Milk BBQ Pork Peas Peaches Hawaiian Roll
VEGETARIAN		Orange Meatless Nuggets		Mac & Cheese				Meatless Chicken Nuggets		BBQ Tofu
P.M. SNACK		Animal Crackers Milk		Yogurt Peaches		Avocado Pita Chips		Cucumber Sticks Hummus		Cheese Stick Pretzels
BREAKFAST	11	Toast Apple Sauce	12	French Toast Sticks Mixed Berries	13	Yogurt w/Granola Blueberries	14	Malt O Meal Bananas	15	Rice Chex Blueberries
LUNCH		Milk Beefy Mac Peas Orange/Apricots		Milk Pinto Beans Diced Carrots Pears WW Tortilla		Milk Teriyaki Chicken Green Beans Peaches WG Noodles		Milk Meatloaf Mixed Veggies Honey Dew Dinner Roll		Milk Grilled Cheese Tomato Soup Broccoli Pears
VEGETARIAN		Veggie Mac		Pinto Beans		Teriyaki Tofu		Veggie Meat Loaf		Grilled Cheese
P.M. SNACK		WW Gold Fish Milk		Cheddar Cheese Stick WW Crackers		Apples Wow Butter		Bread Sticks Marinara		Avocado Pita Chips
BREAKFAST	18	Kolaches Oranges/ Apricots	19	Oatmeal Mixed Berries	20	Pancakes Strawberries	21	Hash Browns WW Tortilla	22	Cheerios Bananas
LUNCH		Milk Chile Beans w/Cheese Diced Carrots Pears Spanish Rice		Milk WW Quesadillas Bell Peppers Apricots		Milk Taco Meat w/Potatoes Avocado Watermelon WW Tortilla		Milk Orange Chicken Brown Rice Vegetable Blend Pineapple		Milk Cheese Pizza Bell Peppers Peaches
VEGETARIAN		Chile Beans w/Cheese		WW Quesadillas		Veggie Taco Meat w/Potatoes		Lemon Pepper Tofu		Cheese Pizza
P.M. SNACK		Milk Animal Crackers		Pineapple WW Crackers		Apples Cheddar Cheese Cubes		Milk Teddy Grahams		Tri-Colored Pasta Broccoli
BREAKFAST	25	French Toast Sticks Mixed Berries	26	English Muffin & Turkey Canadian Bacon Oranges/ Apricots	27	Oatmeal Blueberries	28	Biscuit Mangos	29	Yogurt w/Granola Fresh Strawberries
LUNCH		Milk WW Baked Ziti Bell Peppers Cantaloupe		Milk Grilled Cheese Tomato Soup Broccoli Pears		Milk Chicken Breast Sweet Potatoes Apples WG Roll		Milk Chile Beans w/ Cheese Diced Carrots Pears WW Tortilla		Milk Green Chile Stew w/ Potato Apricots WW Tortilla
VEGETARIAN		Veggie Baked Ziti		Grilled Cheese		Meatless Chicken		Grilled Cheese		Lentil Stew
P.M. SNACK		Yogurt Mixed Berries		Hummus Cucumber		Milk Teddy Grahams		Tri-Colored Pasta Carrots Sticks		Watermelon WW Crackers

Milk is served daily for breakfast

* Infant menu options include: scrambled egg, banana, multi-grain cereals, cottage cheese, yogurt, applesauce*

The menu may change as the availability of fruits, vegetables and other items changes