

# Resources for Parents

## Home Schooling Resources

- **Education.com** has free printable resources for children and is searchable by age, and grade level <https://www.education.com>.
- **NENE BILINGÜE** has resources specific to bilingual households who speak Spanish. It also has social media accounts with cool tips and projects in both english and Spanish @NeneBilingue on Instagram <https://www.nenebilingue.com>
- **Teachers Pay Teachers** has many free resources and is also searchable by grade level including high school. All that is required is to make a free account. <https://www.teacherspayteachers.com>.

## WRC Services

- **Family Yoga:** Bi-monthly virtual yoga geared towards student parents and families.
- **Family Movie Days:** UNMCC and WRC will host virtual Family Movie Days.
- **WRC Counseling Services:** Counseling for student parents available at WRC.
- **Student Parent Peer Focus Group:** Meets bi-monthly to talk about student parenting during these challenging times.
- **Breastfeeding Stations:** Due to the Covid-19 Pandemic, our lactation stations are CLOSED. Please check back with us Spring 2020/1 for updated information regarding the re-opening of Lactation Stations.

## Food Resources

- **The LoboRespect Food Pantry** The On campus food pantry will remain open on Mondays at the Advisement and Enrichment Center Parking Lot. You can get pre-made packages of groceries 1:30pm-3:30pm.
- **The Storehouse** will be open Wednesdays and Saturdays from 9am-12pm. Food will be pre-packed in boxes.
- **East Central Ministries** is no longer accepting applications for their Food Co-op, however they are providing emergency food boxes.
- **Roadrunner Food Bank** is still operating. They are in need of food donations and financial contributions.
- **Double Up Food Bucks:** Farmers Markets are not currently open, however La Montanita Co-Op and Lowe's Marketplace are still open and participating in the program.
- **SNAP Application Assistance** is provided by the UNM Women's Resource Center. Email [women@unm.edu](mailto:women@unm.edu) to set up a virtual appointment on Tuesdays between 12pm and 2pm

## Childcare Assistance

- **Apply:** <https://www.newmexicokids.org/coronavirus/parents-and-families.php>
- **Apply:** <https://www.nmeccd.org/child-care-assistance/>.
- **UNM Children's Campus:** Learn about children's resources, care and programming at (505) 277-3365 or [weecare@unm.edu](mailto:weecare@unm.edu)

Email the Women's Resource Center at [women@unm.edu](mailto:women@unm.edu) or call us at (505) 277-3716 for more information!

